# NADA CENTRE FOR MUSIC THERAPY REGD.



shutterstock.com • 530101036

www.nada.in

## ABOUT NADA CENTRE FOR MUSIC THERAPY (Regd.)

A Non-governmental organization, founded in 2004, under the guidance of Dr T V Sairam, the pioneering author and researcher on raga therapy, who for the first time had introduced this flagship **Distance Learning Programme** in the year 2006. The Centre in the past had organized Seven World Conferences and over 50 Workshops/ Seminars all over India attended by scholars from various Indian states apart from several countries including Australia, Austria, France, Germany, Nepal, Norway, Sri Lanka, South America, South Korea, Turkey, U.K., and the U.S.A worked towards creating awareness on music therapy, more particularly raga therapy. Volunteers of the Centre were also deputed to meet and treat the survivors of national calamities such as cloud-bursting, cyclone, floods, tsunami etc in various parts of the country from time to time. Among its publication, a Dictionary of Music Therapy, the first of its kind in the world literature on music therapy, occupies its pride of place. Visit <a href="www.nada.in">www.nada.in</a> to know the 20-years history of music therapy in India and to appreciate the pioneering role of this Centre to organize people and scholars, to publish valuable research work and to promote music therapy in various fora in India!

## ABOUT THE DISTANCE LEARNING PROGRAMME & PG DIPLOMA IN MUSIC THERAPY (PGDMT)

#### THROUGH DISTANCE LEARNING

The Centre invites applications from graduates viz., students, scholars and professionals of all genres of music, medicine, psychology, alternative systems of medicine and other Para-medical professionals, and practicing music healers to join this programme to sensitize, sharpen and fine-tune their understanding of therapeutic sounds and music. One can join this One-Year Course ANYTIME OF THE YEAR — as there is no last date for admission.

Please send a scan copy of your duly filled application form (attached herewith )along with a recent passport size photograph to request along with your curriculum vitae to (musictherapydlp@gmail.com) from all eligible candidates

<u>Eligibility:</u> Graduates in any branch of Arts, Commerce or Science AND with proficiency or training in any genre of music. (Preference will be given to graduates in Music, Medicine, Psychology or Fine Arts).

<u>Commencement of the Course</u> – The course will commence from the date on which the candidate receives his/her first dispatch of lesson in his e-mail.

<u>Course Duration</u> – To be completed within 12 months from the commencement date .

<u>Course Contents</u> – Sound, Silence, Noise, Acoustics and Music - Classical and Popular Musical Genres - Music around the World - the ABC of Music- Music & It's Therapeutic Ingredients- Physics of Sound, Psychoacoustics, Psychology of Music, Music Therapy, Ancient Indian systems of Nada Yoga & Raga Chikitsa, the Two eyes of Indian Music Therapy - Music and the Brain - Music as Complementary Medicine – Modern Music Therapy: Education & Research- Analgesic, Clinical, Geriatric, Neurological, Psychological, Pediatric, and Rehabilitation aspects of Modern Music Therapy - Music therapy in Various Mental Afflictions and Disorders – Music Therapy and its Daily needs for all and sundry - Methods in Music Therapy- Mozart Effect - Indian Ragas in Music Therapy- Recent Developments etc.

<u>Course Materials:</u> World Class training materials consisting of lessons, supplementary reading materials and practical assignments – all copyrighted – will be provided in nine parts. Those who wish to complete this Course successfully will find all the materials supplied by email quite adequate.

What Former Students Say - "Most activating, stimulating and rewarding experience" (Noor Ahmed Bahrain), "Discussion carried enormous knowledge," (S. Revati, Bangalore); Stimulating reading materials, creative assignments!" (Veena Kumar, Columbia College, USA); "An Amazing course!" (Rekha Malhotra Gurgaon); "Lucid, Clear, practical and insightful course" (Dr. Inchie Lonial, Meerut); "After the course, I could feel more connected to music therapy world-wide". (Christine Joubert, S. Africa); "Reading materials, vast and wonderful" (Nitya Rajendran, Mumbai), "Interaction from renowned music therapists world-over!" (Vidya Raja, New Delhi); "Learn without tears!" (K. Raghuraman, Bangalore)," Reading Materials, quite exhaustive and useful for clinical practice!" (Dr. Hitesh Khurana, Rohtak).

#### Faculty (Academic Years - 2020- 2023):

#### **Programme Director:**

**Prof. (Dr.) T V Sairam,** M.A, M.Sc , M.Phil, Ph.D , DIM, DLF, DIIAP(Paris), International Author & President Nada Centre for Music Therapy

#### Faculty 1:

Ms. Inkeri Paula Turkki, MMT (Barcelona), Trained Clinical Music Therapist, Dijon (France).

#### Faculty 2:

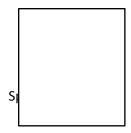
Ms. Kalpana Parekh, MSW in (Colombia University) LCSW, Psychotherapist & Music Therapist, U.S.A

#### APPLICATION FORM FOR PG DIPLOMA IN MUSIC THERAPY\*

DIRECTORATE OF DISTANCE LEARNING

AFFILIATED TO: NADA CENTRE FOR MUSIC THERAPY (REGD)

1. P	lease fil	l th	is up
------	-----------	------	-------



Full Name: (Indicate Mr /Ms/ Dr)

Date & Place of Birth:

Nationality:

Education: (indicate the subjects of study):

Current job/ field of specialization:

Complete Postal Address with Pin code:

Email Address & Mobile Phone No:

Musical Background: (Indicate the system of music with which you are familiar with. If you

have obtained any certificate/degree, please attach a copy)

- 2. Please rank yourself in the following subjects as (A) for "excellent", (B) for "good", (C) for "Average" or (D) for "Poor":
  - 1. MUSIC () 2. MUSICOLOGY () 3. MUSIC THERAPY () 4. MUSIC PSYCHOLOGY () 5. MEDICINE/HEALING SYSTEMS () 6. YOGA ()
  - 3. Please write below in 2 or 3 lines as to why are you interested in music therapy, despite its being a nascent and challenging discipline

<sup>\*</sup>Strike, whichever not applicable.

## **UNDERTAKING**

I HEREBY UNDERSTAND THAT ALL THE COURSE MATERIALS AND METHODOLOGIES OF COURSE CONSTRUCTION, ASSIGNMENTS ETC ARE COPYRIGHTED AND ASSURE THAT I WILL NEVER USE THEM IN ANY MANNER OTHER THAN FOR MY DISTANCE LEARNING PURPOSES WITHOUT THE PRIOR WRITTEN PERMISSION OF THE COURSE DIRECTOR. I AM OVER 18 YEARS OF AGE.

#### SIGNATURE OF THE APPLICANT / DATE / PLACE

#### **FOR OFFICIAL USE ONLY (NOT TO BE FILLED)**

Mr/Ms/Dr	.from			
has been selected by the Faculty on	and admitted to the			
Batch and assigned the Roll No				
Registrar				
Directorate of Distance Learning in Music Therapy				

Possible Areas of Engagement by Music Therapists -

Early intervention Centers, Hospitals- pre –operative & post-operative wards, Hospices, Day care centers, Rehabilitation set-ups, Community homes such as crèches, senior homes, clubs, spas, waiting rooms in offices, street corners, gardens, massage parlours, cultural centers, Schools & Colleges, Community gatherings, Correction centers & prisons, Drug de-addiction centers, Trauma Centers, Juvenile homes, Nursing homes etc.